

Wash your hands!

Washing your hands for **20 seconds** with soap and water or hand sanitizer is the best way to stop the spread of germs!



Everything you touch has germs on it. Here are some times you should wash your hands when you have an intravenous (IV) line.

Before AND after handling your IV line, medications, or supplies

Before AND after cleaning your workspace or SAS(H) mat

Before AND after using gloves

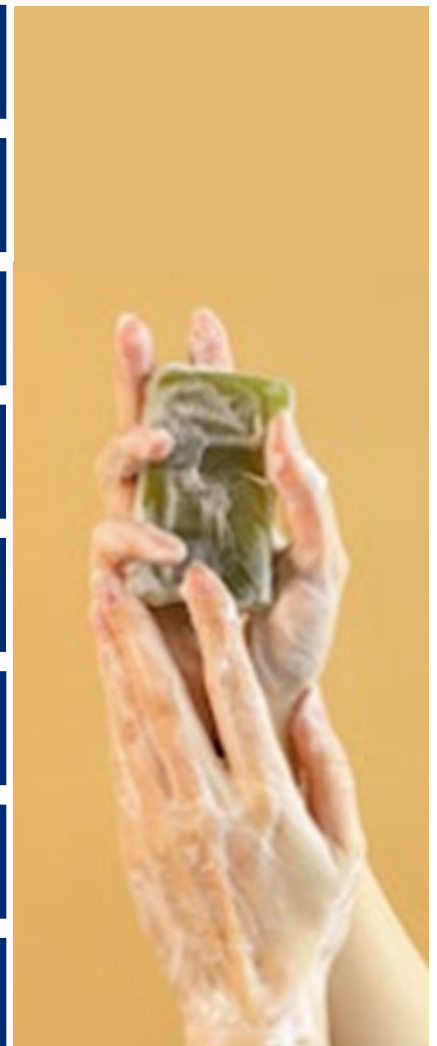
Before AND after cooking or eating

After touching phones, remotes, door handles, etc.

After playing with pets

After using the restroom

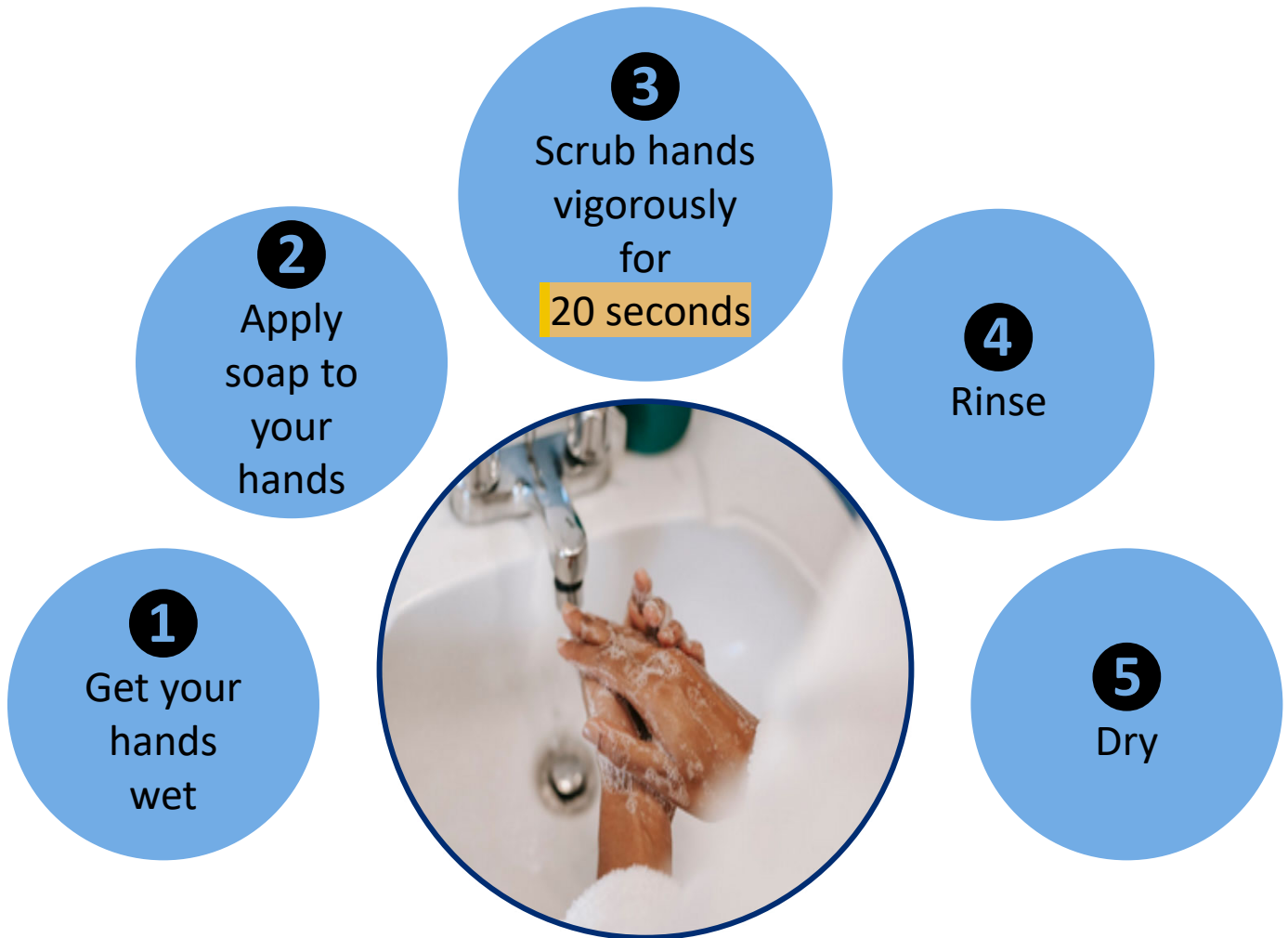
Whenever they're visibly dirty



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How to wash your hands

Using soap and water is the best option!



Tips

- Scrub your hands while singing the Happy Birthday song twice
- Scrub between your fingers and under your nails
- If using hand sanitizer, rub your hands until dry. Do NOT wave or blow your hands dry
- Wash your hands frequently!